

Route 1 | 4mi | 6.5km

# Farmland, Canal & Coast

A great family cycle going from The Weir at Whalesborough, across fields and woodland to the beach all off road. The new all-weather track takes you around the farm on gentle gradients, with no roads, if you follow all the way around the 4 miles you eventually come back to where you started. It is a short ride perfect for families with young children.

If you don't mind using the road you can take the coast road up from Widemouth to Upton then left back down to the multi use trail either to Bude or back to The Weir, a slightly more challenging route of around 7 miles.



1.

Follow the river from the main car park the track takes you across the field, between the rails to the gate in the hedge, crest the ridge through the hedge and the path turns left down the edge of an arable field.

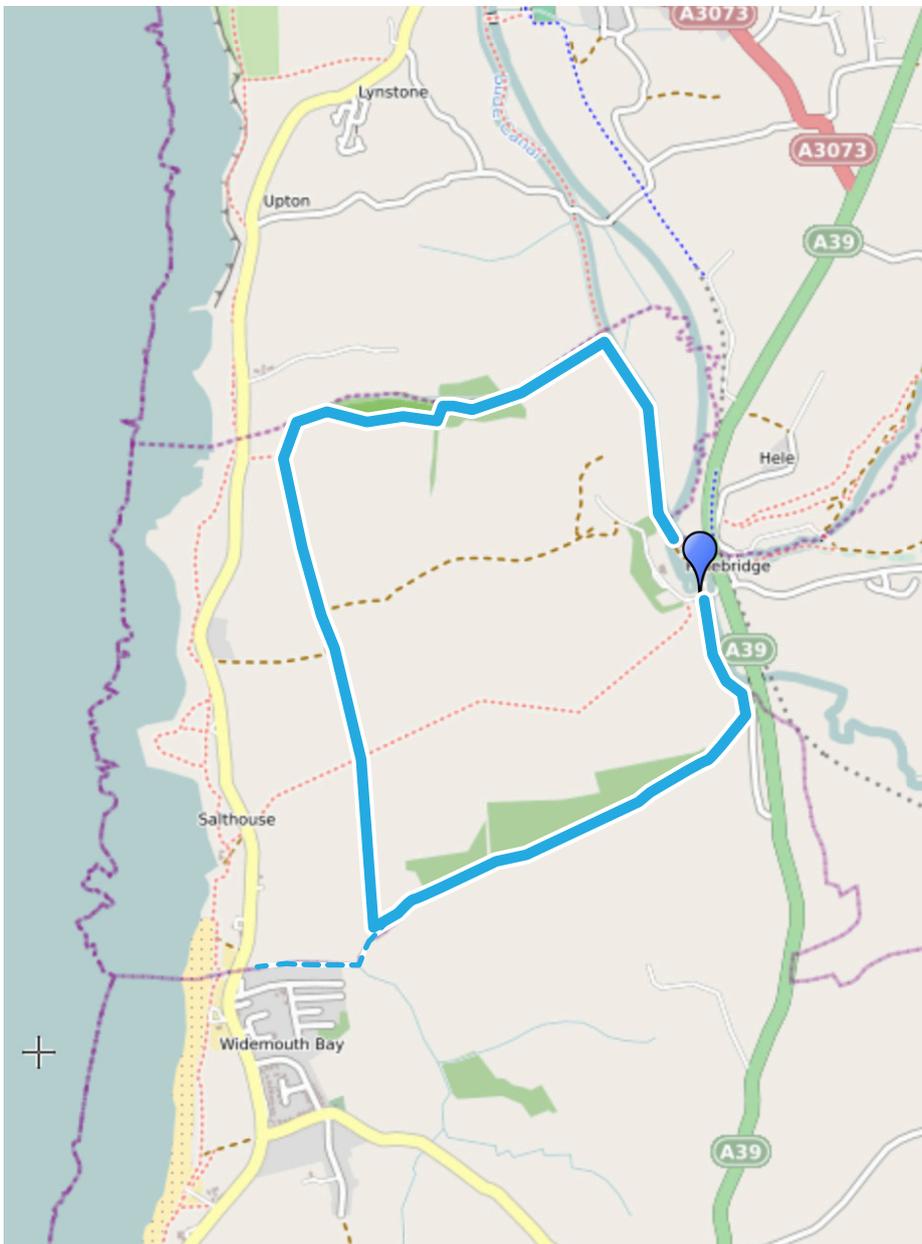
2.

In the bottom corner the path snakes left and then immediately right and runs on through some woods planted in the year 2000. Keep following the track it wends its way through the woods and emerges in another arable field.

3.

The track now runs left around the headland (outside edge) and arrives at a narrow gate, from here you can go straight ahead and arrive on the north end of Widemouth Bay Beach or turn right and follow the track.

Continued  
on back....



# Route 1 | 4mi | 6.5km

## Farmland, Canal & Coast



A great family cycle going from The Weir at Whalesborough, across fields and woodland to the beach all off road. The new all-weather track takes you around the farm on gentle gradients, with no roads, if you follow all the way around the 4 miles you eventually come back to where you started. It is a short ride perfect for families with young children.

If you don't mind using the road you can take the coast road up from Widemouth to Upton then left back down to the multi use trail either to Bude or back to The Weir, a slightly more challenging route of around 7 miles.

4. Taking the track leads gently up across 3 large arable fields and joins the farm lane at the top, (the lane goes left giving access to the coast road if you wish to take the road route to Upton), but the main track is straight ahead to where there is a signboard and the farm lane turns left on a concrete drive (which actually is a shortcut back to the Weir). To stay on the track turn left following the hedge.
5. The track hugs the hedge on your right side and runs along to some enclosures, at this point you go through a gateway and turn left following the track with the hedge now on your left sloping gently down to another planted woodland area.
6. The path now wends its way back through the woods all the way across to the canal and towpath. There are a couple of short steep sections where the track passes through old hedge lines, be aware that these may be slippery.
7. Where we meet the towpath which does not allow cyclists, the track turns left skirting a boggy area, and then runs alongside the towpath the other side of the hedge and into Whalesborough ancient oak wood. To protect the trees the path is narrower through this area but please stay on the path to avoid damaging the lovely display of Bluebells and Ransomes in Spring
8. Continue through the wood to the end over a ridge then left this brings you to a clearing with two gates one onto the towpath (forbidden) and one into the field with a lake. Follow the track round the lake opposite the Weir, through another gate into a parking area. Time for a pitstop great coffee and food at The Weir
9. You are back almost where you began. From here there is an off road route back to Bude along the multi use trail. To get on it turn back towards the towpath, there is a path leading onto the end of it, turn right over two footbridges, then immediately left and go under the main road. On the other side take the old tarmac road to your left over the humpback bridges follow the road around the corner as you start to go uphill there is a gate onto a trail that runs beside the main road. 400 yards up the trail it drops right then left down and under the main road. Bearing left on the next road takes you past the sewage works and along the multiuse trail to Bude.

