



Town & Beaches

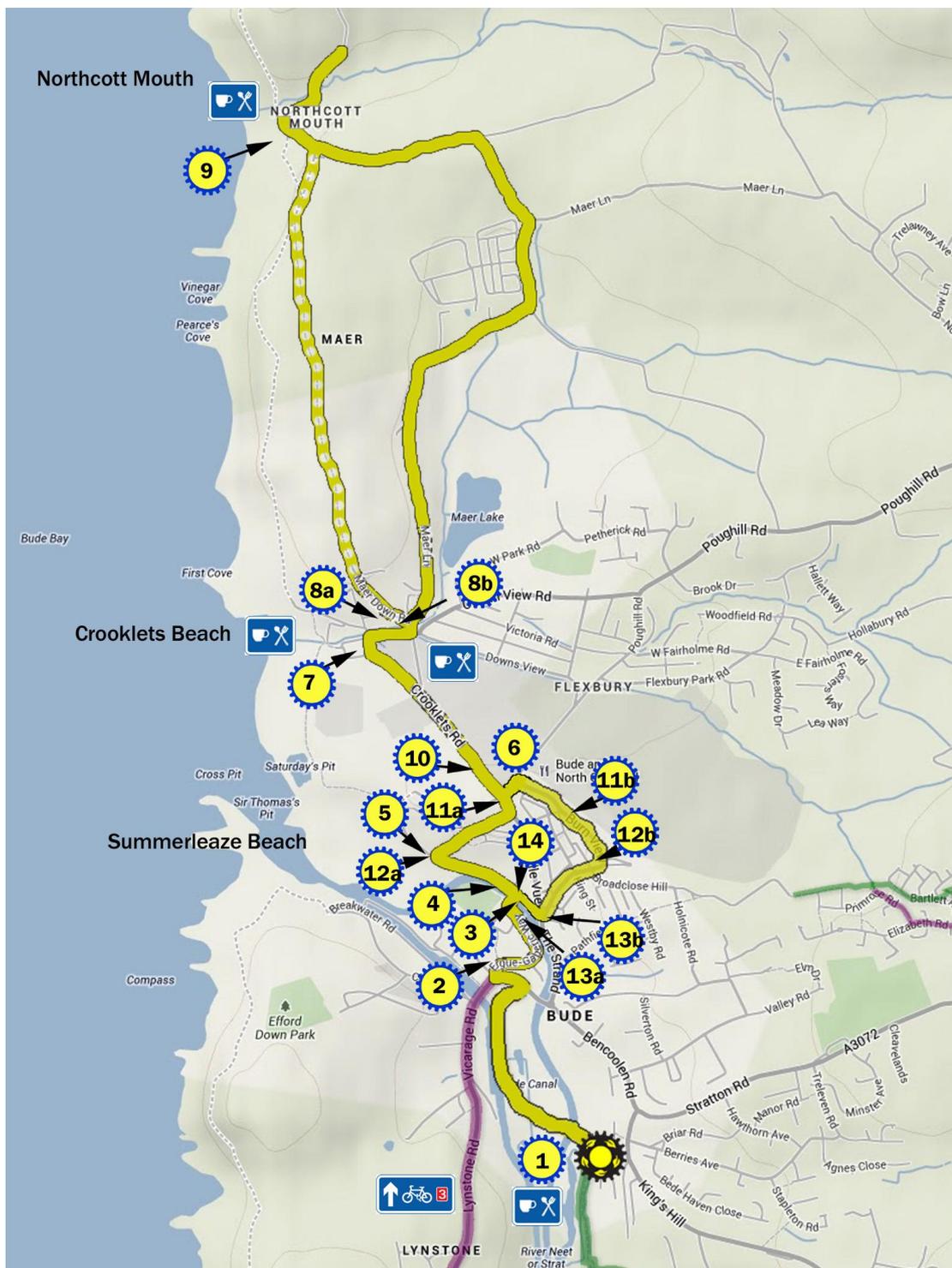
Route 2

5.5mi / 9km

Route 2 takes you through the centre of Bude and along the coast to the beaches of Summerleaze, Crooklets and Northcott Mouth.

From Crooklets to Northcott, the route works well as a loop or "there and back" return via bridle path or quiet lane.

Combined with route 1 Canal & Coast gives over 10 miles of coastal land to explore



 01288 353748

 07749 408100

 Bude Bikes,
Pethericks Mill,
Bude EX23 8TF



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- 1** Turn left out of the Cycle Centre onto the tarmac cycleway continue to the cycleway exit into the Crescent Car Park (beside the canal).
- 2** Continue clockwise round the car park to a small gateway in the park wall (beside a ticket machine).
- 3** Exit this gateway and either cycle left and then immediately right into Ergue Gaberic Way or use the traffic island to walk across the road and into Ergue Gaberic Way.
- 4** Follow Ergue Gaberic Way for 150m and turn right to cycle to the footbridge across the river.
- 5** Cross the bridge, turn left onto the access road to Summerleaze Car Park and follow this road through the car park and round its right turn up the exit slope from the car park
- 6** Turn left at the T-junction at the top of this slope and almost immediately fork left to pass in front of Sainsbury store and continue down the hill to the entrance to Crooklets car park.
- 7** Follow the bend round to the right and take the next left turn into Maer Down Road.

At this point there are two options:

- 8a** Mountain Bike Extension Loop (for those keen to use a stony bridleway beside cliff top turf) take the left fork (still Maer Down Road) to cycle up to a gateway onto a bridleway at the top of the road. Take this bridleway all the way to the public car park just before Northcott Mouth beach. It has latched gates at both ends; please ensure you leave them shut.
- 8b** Road Bike (all on tarmac) veers right into Maer Lane and continues along this lane until its T-junction with Grenville Gate. Turn left and continue until the car park (and the bridleway exit appear on the left).

9 From here, the beach area (life-guarded in summer) is at the foot of the tarmac slope and, optionally, 150m right along a stoned track is a summertime tea-garden

10 Return on same route as far as the start of Maer Down Road. From there cycle up to Sainsburys via the road past the entrance to Crooklets car park

From this point the return route to the river footbridge has two options:

11a Option A (less traffic but two small sections for pushing the bike) take the lane along the left side of Sainsburys, at its end dismount and push your bike down the grass path on the left, turn right when you reach the tarmac path and then walk down the steep narrow path beside 'Life's a beach' café/restaurant.

12a At the end of this narrow path, turn left and cycle down the café access road to the main Summerleaze car park and straight on across the car park to the no-entry signs beyond the public toilets

13a Push your bike along the one-way section to turn right onto the river footbridge

11b Option B (around the town so more traffic) at the T-junction outside Sainsbury, turn left and then immediately right into Burn View (! – this involves crossing a lane of traffic that is not turning right).

12b Cycle all the way along Burn View and, at the Co-op store, turn right to cycle down Lansdowne Road.

13b At the mini-roundabout (opposite NatWest Bank) turn right and cross  in front of the bus stop to take the Summerleaze car park access road beside the river wall. Then turn left onto the river footbridge

14 From the footbridge follow your outward route back to the Cycle Centre.

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