



# Canal & Coast

## The Weymouth Direction

### Route 1a

8mi / 12.8km

The "Weymouth Direction" is a great way to do the Canal and Coast whilst avoiding all but 100m on the coast road at Efford/Upton.

Lower Hare Walk is not currently suitable for trailers due to a narrow ditch crossing.

The rough track is wide but can also be deep rutted.



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Bude Bikes,  
Pethericks Mill,  
Bude EX23 8TF



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## The Weymouth Direction

**1** Turn left out of the Cycle Centre onto the tarmac cycleway, follow this to the canal bridge..

**2** Cross straight over the road 🖐️ and turn left on the bridge, then right.

**3** Turn left up Church Lane, follow to the last house on the left and take the bridleway left to the downs

**4** Follow the inland path over the downs. This at times shares sections of the South West Coastal Path through field boundaries

**5** After the third field boundary, the bridle way veers left across the field to the coast road – if you reach a kissing gate, turn back 100m to re-find the bridle way

**6** Turn right on coast road 🖐️ for 100m, after the third house take the county road inland and follow this downhill, crossing the canal, river and meadow.

**7** At the old railway bridge, turn right onto the cycle trail and continue on to join the access road to the water treatment works ( 🖐️ occasionally vehicles use this access road).

**8** Before the A39, turn right to follow the tarmac cycleway down through an underpass, then on the cycle path separated from the A39 by a grass verge.

**9** Go through the gate at the end of the cycleway onto the minor road and continue downhill and across 2 small bridges.

**10** Immediately after the 2nd bridge, take the footpath to the right which goes under the A39 again and across 2 small wooden bridges to

the canal towpath (Please push your bike along this short stretch).

**11** On reaching the towpath, turn left through the gateway (the right turn is the towpath to Bude and is for walkers) and take the path across to Whalesborough Farm's concrete driveway.

**12** Before the drive goes uphill, go through the gate on the left for Hare Walk.

**13** Go up the dirt path 30m to where the path forks and take the left fork across the field, keep straight on through two gates

**14** From here, Hare Walk is a mown grassy trail marked with a blue Hare on white board. There are two ditch/stream crossings with sleepers. 🖐️ care on the second crossing

**15** At the final field boundary either - Go straight ahead to the beach, then return to this point, or, turn right up the rough track . Continue up the track until you reach an open stone surface. Continue straight on 100m to a concrete track on the right.

**16** Follow the concrete track to Whalesborough Spa Farm. Just before the gated entrance to the farm, take the gravel track on the right behind the barns and follow this to the drive, turn right and head downhill - 🖐️ beware of Spa/Bistro traffic. Head for the canal footbridge and follow the trail back to the old railway bridge

**17** At the old railway bridge, go straight on to return to the cycle centre

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